

MARYDIELLE LYN GODINHO

Registered Nurse



Career Objective

A staff nurse with dedication and compassion towards the needs of patients with a zeal to put into practice the theoretical knowledge and skill obtained, aspiring to secure a registered nursing position in a dynamic healthcare setting.

Personal info

- 28th October 2000
- Female
- +44 7477 927718
- marydiellelg@gmail.com
- Indian

Skills & Competencies

- Acute Care: Sepsis management, postoperative recovery, vital sign monitoring, emergency response.
- Technical Skills: Medication administration (IV/oral), EHR systems (SAP), infection control protocols, Vitals Monitoring, Documentation.
- Patient Education: Chronic disease management, rehabilitation strategies, medication regimens, disease processes.
- Teamwork/Leadership: MDT collaboration, mentorship, quality improvement projects.
- Competencies: Medication administration, blood collection, PCA management.

PROFESSIONAL SUMMARY

Dedicated Registered Nurse with 3+ years of experience across NHS (UK) and Indian hospital settings, specializing in acute medical-surgical care and high-acuity patient management. Proven expertise in post-operative care, critical care protocols, and multidisciplinary teamwork. Certified by the UK Nursing & Midwifery Council (NMC) with Immediate Life Support (ILS) training and ongoing recovery-specialty CPD.

RECOGNITION

Ashford and St. Peter's NHS Foundation Trust, UK

Greatix Award — Patient Safety Excellence Jan 2026
Consistently calm & compassionate approach to patient care.

Greatix Award — Patient Safety Excellence Dec 2025
Recognised for compassion and care recovering a highly anxious patient on Christmas Eve.

WORK EXPERIENCE

Ashford and St. Peter's NHS Foundation Trust, UK

- Registered Nurse (Recovery Nurse) August 2024 – Present
- Working as a registered nurse in a fast-paced NHS hospital environment with a focus on high-risk medical and surgical cases.
 - Involved in continuous assessment and management of post-op complications alongside medical conditions including sepsis, cardiac failure, and respiratory distress.
 - Worked bank shifts in the cardiac unit and medical wards on multiple occasions.
 - Actively participates in handovers, MDT meetings, and care planning to ensure continuity and quality of care.
 - Ensures compliance with UK infection control and patient safety protocols.
 - Undergone practice supervisor training.
 - Up to date with all mandatory training.

Sir H.N. Reliance Foundation Hospital, India

Registered Nurse (Medical and Surgical Adult Nursing) April 2023 – July 2024

- Worked as an efficient team member of a multidisciplinary team in order to provide effective patient care.
- Managed patients with high acuity scores, pre and post operative patients, patients with tracheostomy, patients with feeding tubes and drains.
- Assisted physicians in bedside procedures such as drain removals and surgical dressings.
- Maintained and managed patient database in SAP software.
- Educated patient and families regarding disease processes, medication regimens, rehabilitative activities and follow up sessions.
- Cases Handled Included: Stroke, Chronic Kidney Disease, Chronic Liver Disease, Various Cancers, Acute Gastroenteritis, Tonsillitis, Pancreatitis, Diabetes, Hypertension, Hypothyroidism.

INTERNSHIP EXPERIENCE

Student Nurse Intern

Father Muller Medical College Hospital, Kankanady, Mangalore 2022 (One Year)

Various Primary Health Centres and Urban Health Centres 2022 (One Month)
in and around Mangalore.

EDUCATION

Bachelor of Science in Nursing (BSc Nursing)

Father Muller College of Nursing, Mangaluru, India 2018 – 2022

Clinical Exposure During Course:

- Post-operative units and operation theatre
- Casualty: Emergency and trauma center
- Intensive care units (ICUs)
- Medical and surgical wards
- Obstetrics and Gynecology wards
- Pediatric wards
- Psychiatric wards

PROFESSIONAL REGISTRATIONS & QUALIFICATIONS

- NMC Registration (UK): Registered Nurse, Obtained via OSCE exam clearance (2024)
- Immediate Life Support (ILS) Certification: Advanced critical care training (2024)

RESEARCH & CONFERENCES

Research Study

Awareness Of Risk Factors and Warning Signs of Myocardial Infarction Among Adults Visiting A Selected Hospital, Mangalore.
Presented at Father Muller Medical College Symposium 2022

Conference / Webinar Participation

- 36th BARNA Conference (British Anaesthetic & Recovery Nurse Association) — 7 hours CPD: DAS airway guidelines, resuscitation update, PACU education, sustainable reprocessing, AI-era assessment 2026
- A Cardiac Nursing National Conference (Organized by Father Muller College of Nursing) 2022
- A National webinar on COVID-19 impact on Pediatric Population and Nursing Personnel (St. Joseph College of Nursing) 2020

TRAINING & CERTIFICATES

- 2024 Immediate Life Support (ILS) – NHS
- 2022 Basic Life Support (BLS) - Certified by AHA
- 2022 Emergency Nursing and Life Support (Jeevaraksha Certified)
- 2022 Crisis Intervention Training
- 2021 Palliative Care Course (Father Muller College of Nursing collaboration)
- 2020 Yoga Course (Father Muller College of Nursing)
- 2019 Value Added Course on Human Values (Father Muller College of Nursing)

VOLUNTEER WORK

- 2022 Leprosy awareness programme (Father Muller Medical College / Sasakawa Health Foundation collaboration)
- 2022 Swachh Mangalore Campaign (Swachh Bharat Club, Father Muller College of Nursing)

MARYDIELLE
LYN
GODINHO

Languages

- English (Mother Tongue)
- Hindi (Fluent)
- Konkani (Fluent)

Strengths

- Good communication and social skills
- Critical thinking and problem solving
- Patience and adaptability
- Teamwork and leadership
- Ethics and confidentiality
- Quality patient care and education

Additional Information

- Blood Group: O Positive
- References available upon request.

I hereby declare that the above furnished particulars are true and correct to the best of my knowledge and belief.

Marydielle Lyn Godinho

Updated: July 2026